

# NAMMOS

SPA BY **sisley**  
PARIS

SINCE 2017  
**NAMMOS**  
VILLAGE  
SHOPPING, NAMMOS STYLE



*A well-being experience  
by NAMMOS  
and SISLEY-PARIS*



# WELCOME

to a sensorial world in Mykonos

Made with love and passion, Nammos Spa is a paradise in which to relax and enjoy the best of summer on Mykonos.

The Nammos Spa has chosen the exclusive Sisley-Paris treatments for face, body and hair that promise both a memorable experience and the best results.

Sisley-Paris is one of the world's most prestigious cosmetic brands, built on a tradition of phyto-cosmetology that encompasses high quality skin care products, make-up and fragrances along with ultra-effective treatments for all types of skin. Find yourself transported to a sensorial new world, with the exceptional two-hour signature treatment created especially for Nammos Mykonos.

A true oasis of calm, conveniently located in Nammos Village at the cosmopolitan beach of Psarou, The Nammos Spa is open daily from 11.00 to 21.00.



# SUMMARY

- CONCEPT & PHILOSOPHY 6
- THE SISLEY-PARIS PHYTO-AROMATIC FACIALS 10
- THE SISLEY-PARIS PHYTO-AROMATIC BODY TREATMENTS 12
- NAMMOS SIGNATURE TREATMENT 14
- THE SISLEY-PARIS MAKE-UP 16
- NAMMOS BODY TREATMENT 18
- NAMMOS ADD ON 20
- HAIR SPA 22
- SISLEY-PARIS HAIR SPA 24
- NAMMOS AESTHETIC CARE SERVICES 26
- NAMMOS WAXING 28
- NAMMOS CHILDREN'S TREATMENTS 30
- THE CRYOTHERAPY 32
- PACKAGES & DAYS SPA 34
- GENERAL INFORMATION 36

# THE SISLEY-PARIS: CONCEPT & PHILOSOPHY

**Discover Sisley-Paris, the benchmark in phyto-cosmetology.**

Founded in 1976 by a visionary entrepreneur, Hubert d'Ornano, Sisley-Paris is a French, family-owned company specializing in innovative and exceptional, high-quality cosmetic products. Phyto-cosmetology is the concept at the centre of Sisley's creations and relates to using the best aspects of plants and essential oils in order to create high-end cosmetics and highly effective products of the best possible quality.

Sisley-Paris has drawn its inspiration from the very heart of the plant and has established itself at the forefront of phyto-cosmetology. Discover Sisley-Paris Phyto-Aromatic Treatments that combine massage rituals from all over the world, created with respect to the local traditions and the power of aromatherapy, in order to reunify body and mind. They exist in different versions for face and body, each has its own specific massage technique, specially formulated to meet the needs of all skin types.

Welcome to a world of tranquillity and experience the power of pure perfection that brings harmony to your body and mind.

**sisley**  
PARIS



# THE SISLEY-PARIS PHYTO-AROMATIC FACIALS

## EXPERT

### HYDRATING

60 min | 145 €

*Designed with dehydrated skin in mind, the Phyto-Aromatic Hydrating Facial is extremely gentle, leaving the skin fresh and petal-soft.*

### RADIANCE

60 min | 145 €

*Before a party or to erase fatigue or stress on a complexion, the Phyto-Aromatic Radiance Facial is a must as the effects are immediate: all signs of fatigue vanish, the skin is radiant and luminous.*

### COMFORT EXTREME

60 min | 145 €

*Rich and unctuous, the Phyto-Aromatic Comfort Extreme Facial has been designed to treat dry skin types lacking lipids. Nourishing and with extreme richness, this treatment helps the skin regain its elasticity and a wonderful sensation of comfort.*

### PURIFYING

60 min | 145 €

*Designed for combination, oily and problem skins, the Phyto-Aromatic Purifying Facial cleanses and purifies the skin while maintaining its water balance. The pores are tightened, the skin purified and the complexion evened out. The face restores its transparency, freshness and glow.*

### FOR MEN

60 min | 145 €

*Exclusively designed for men, the Phyto-Aromatic Facial for Men offers a moment of relaxation thanks to a very specific ritual. It combines efficiency and well-being for a hydrated, toned and fatigue-released skin.*



# THE SISLEY-PARIS PHYTO-AROMATIC FACIALS

## ANTI-AGING

SISLEÏA

90 min | 205 €

*In 90 unforgettable minutes, the Phyto-Aromatic Sisleïa Facial offers a complete treatment involving sophisticated procedures, with in-depth remodeling and the restoring of a youthful skin. Fine lines and wrinkles are smoothed. The epidermis is toned, firmer, more resilient. Skin appears younger and healthier.*

*This protocol exists in 3 different versions:*

*Normal skin, dry to very dry skin and combination to oily skin.*



# THE SISLEY-PARIS PHYTO-AROMATIC BODY TREATMENTS

## SPECIFIC

### EXFOLIATING

30 min | 70 €

*The unique Phyto-Aromatic Exfoliating Body Treatment combines aromatherapy and the effectiveness of an all-over reinvigorating bodyscrub, for a soft and smooth skin to the touch. It is recommended before any body treatment.*

## WELL-BEING

### ZEN HARMONY

60 min | 110 €

90 min | 170 €

*It offers a journey at the heart of an aromatic Californian massage, with added variations of intensity, techniques and scents. During the massage, no body part is neglected. This treatment provides extremely relaxing and regenerating benefits.*



BALANCE  
YOUR BODY  
AND  
YOUR MIND





RELAX  
REJUVENATE  
PURIFY

# NAMMOS SIGNATURE TREATMENT

## SISLEY STOPOVER SIGNATURE

120 min | 250 €

*2 hours of pure well-being moments that promise a true travel through the spirit of Sisley-Paris and a unique sensory experience.  
The ritual starts with an Expert Phyto-Aromatic Facial adapted to your skin needs for a targeted result. It continues with Zen Harmony, a relaxing treatment for a sensation of well-being and immediate relaxation.  
Complete this wellness experience with a Sisley-Paris flash make-up and rejuvenate your mind and body with our professional care.*

A unique retreat  
inspired by the beauty  
of Mykonos

# THE SISLEY-PARIS MAKE-UP

*Sisley-Paris make-up benefits from skincare brand expertise to create a cutting-edge make-up line: The Skincare Phyto-Maquillage. To combine the benefits of treatment with all the fun of playing with make-up colors, Sisley-Paris offers a full make-up line, luminous shades, a choice of highly effective and sensuous textures and the most avant-garde technologies.*

*\*Offered for any 90 minutes facial skincare bought.*

## FLASH BEAUTY

15 min | 18 €

## DAY MAKE-UP

30 min | 40 €

## EVENING MAKE-UP

50 min | 70 €

## BRIDAL MAKE-UP

60 min | 90 €

A brush of  
perfection

# NAMMOS BODY TREATMENT

## DEEP TISSUE MASSAGE

60 min | 130 € • 90 min | 190 €

*Experience pure comfort and complete relaxation.*

*A recuperative deep tissue massage that deeply relaxes muscles, eliminates toxins in the body and strengthens the mind. It uses long strokes and pressure points to help relieve tension and stress, while improving circulation. Find yourself in a state of deep relaxation and let tension and stress melt away.*

## CUSTOM MADE MASSAGE

60 min | 130 € • 90 min | 190 €

*Our therapist will create a massage adapted to your needs. This massage can be medium or strong pressure.*

## HOT STONE MASSAGE

60 min | 150 €

*This massage combines warmed basalt stones with oil to penetrate deep into muscular tensions and energize the body.*

## FOOT REFLEXOLOGY

60 min | 90 €

*This specific foot massage uses the application of pressure to reflex points on the feet. It restores the flow of energy throughout the body.*

## NEW MUM TREATMENT

60 min | 120 €

*After the first trimester or after child birth, enjoy a massage at this special time of your life. Special attention is given to the mother's comfort. A re-balancing treatment to activate the circulation and moisturize the skin, without the need to lie on your tummy. The treatment is complete with a face and scalp massage leaving your skin feeling baby soft all over.*

## SELF TANNING TREATMENT

60 min | 140 €

*A tanning treatment for the face and body to give a luminous skin ideally hydrated.*

## ROMANTIC CANDLELIGHT COUPLE'S MASSAGE

60 min | 260 € / couple

*Indulge yourself' with a private unique experience. Feel luxurious and romantic with a relaxing body massage. Attentive care will be offered for an unforgettable moment.*

# Destination: Deep relaxation for body & soul



# NAMMOS ADD-ON

## EXTEND MASSAGE

30 min | 60 €

*A supplement of 30 minutes massage to extend a treatment or adapt it to your needs.*

## EXPRESS BEAUTY FACIAL

30 min | 60 €

*Suitable for all skin types, this quick treatment is a luminous booster for the face.*

## FOOT REFLEXOLOGY

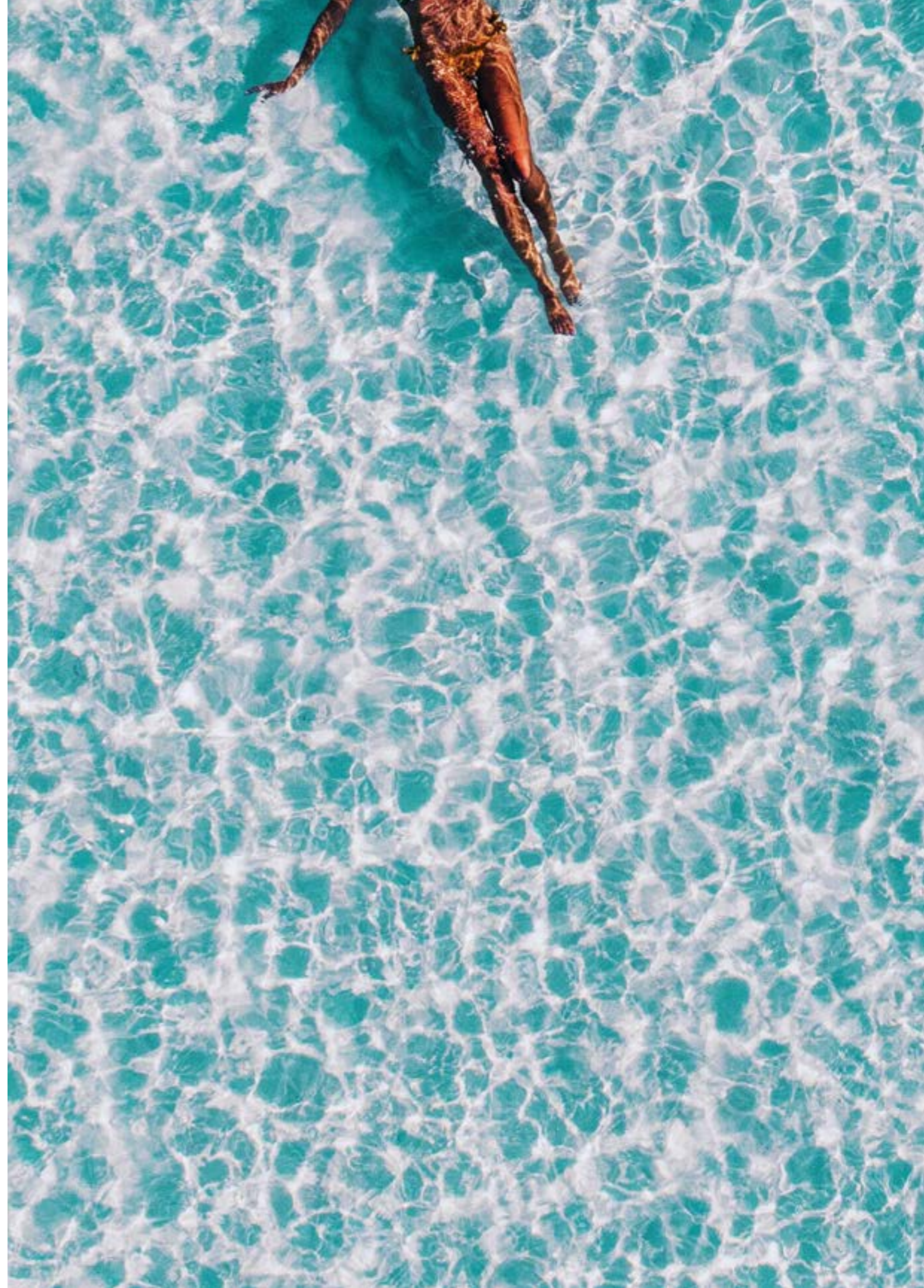
30 min | 60 €

*Pressure points on reflex zones on the feet to restore the flow of energy.*

## FACE AND SCALP MASSAGE

30 min | 60 €

*A wonderful moment of relaxation for the face and scalp only.*



# HAIR SPA

## BLOW DRY

<i>Short hair</i>	50 €
<i>Mid length hair</i>	65 €
<i>Long hair</i>	80 €
<i>Extra long hair</i>	95 €
<i>Sophisticated blow-dry (curly)</i>	15 € extra
<i>Quick drying</i>	25 €
<i>Shampoo included</i>	

## CUT

<i>Split hair cut</i>	40 €
<i>Layer hair cut</i>	80 €
<i>Men's hair cut</i>	50 €
<i>Shampoo included</i>	

## HIGHLIGHTS

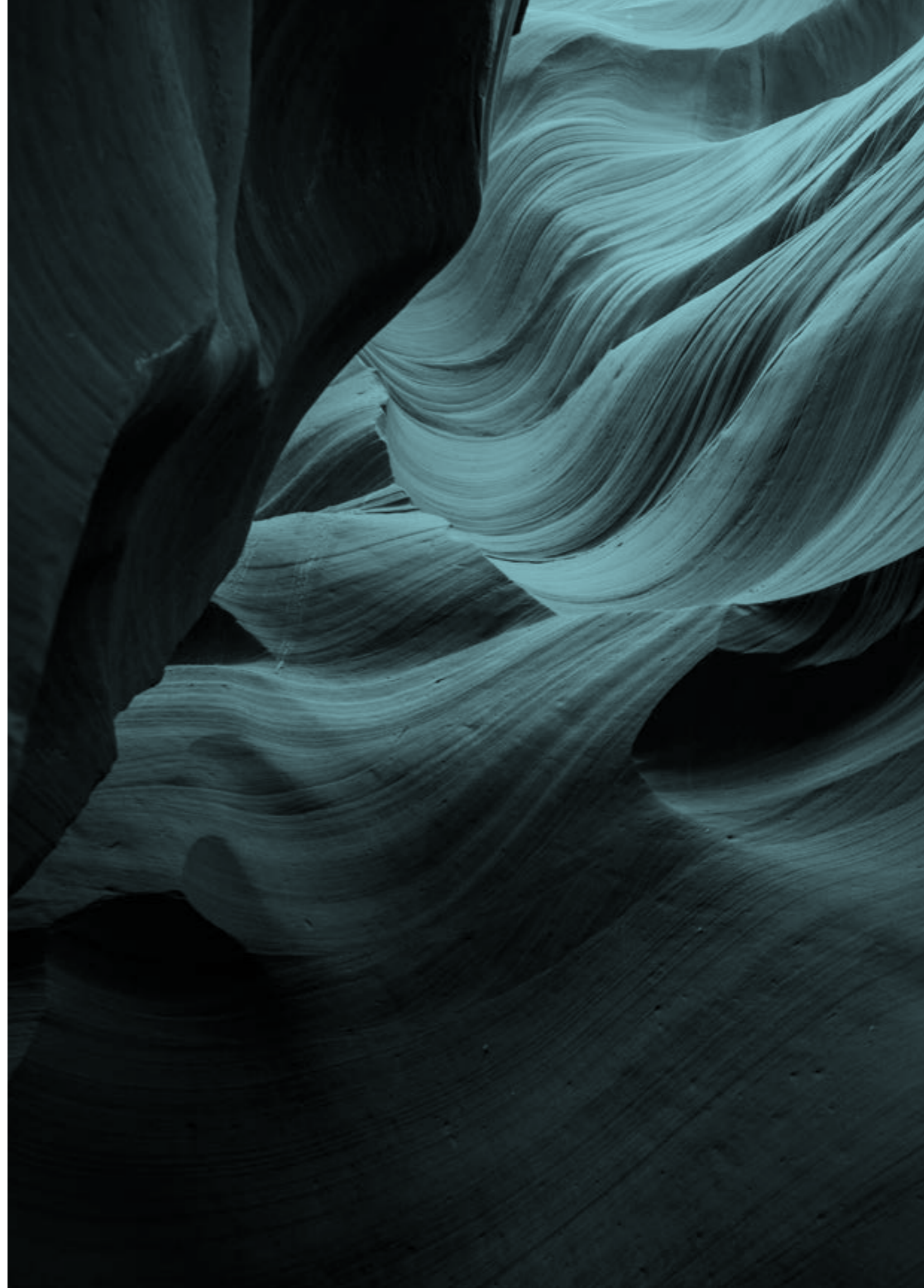
<i>Short hair</i>	95 € or over
<i>Mid length hair</i>	145 € or over
<i>Long hair</i>	185 € or over
<i>Shampoo included</i>	

## COLOR

<i>Short hair</i>	70 € or over
<i>Mid length hair</i>	95 € or over
<i>Long hair</i>	110 € or over
<i>Men's color</i>	50 €
<i>Shampoo included</i>	

## BEAUTY ENHANCEMENT

<i>Sophisticated bun</i>	110 €
<i>Sophisticated hairstyle</i>	50 €
<i>Conditioner</i>	15 €



# SISLEY-PARIS HAIR SPA

## INTENSIVE REGENERATING TREATMENT

30 min | 75 €  
60 min | 150 €

## SIGNATURE REGENERATING TREATMENT

30 min | 75 €  
60 min | 150 €

*Regenerating treatments, 30 or 60-minute deep hair care combines enveloping and relaxing gestures at pressure points inspired by shiatsu techniques. The goal: to tone the scalp, nourish and repair the hair fiber. The hair is revitalized, more resistant and visibly more beautiful. Hair Rituel by Sisley high-performance products suit all type of hair.*

HAIR *rituel*  
by **sisley**



# NAMMOS AESTHETIC CARE SERVICES

## KURE BAZAAR | HANDS & FOOT BEAUTY COLOR & TREATMENT

BRAZILIAN MANICURE / PEDICURE KURE BAZAAR  
40 min | 60 €  
*Filing - Cuticles - Color*

CLASSIC MANICURE / PEDICURE  
60 min | 70 €  
*Filing - Cuticles - Massage - Color*

LUXURIOUS MANICURE / PEDICURE  
90 min | 110 €  
*Filing - Scrub - Cuticles - Paraffin - Massage - Color*

SHAPE AND COLOR  
20 min | 15 €

SEMI PERMANENT NAIL POLISH  
30 min | 40 €

REMOVAL SEMI PERMANENT NAIL POLISH  
30 min | 30 €

*Kure Bazaar is the leading nail varnish of a new generation; combining the ethics of a new, environmentally friendly formula with the vibrant colors of Paris fashion. Several years of research have compromised quality: the durability, gloss and shine of the colors are as exceptional as ever. The exclusive Kure Bazaar formula - up to 85% of which is of natural origin based on wood pulp, cotton, maize, potato and wheat - maintains the vitality of nails by respecting their natural regenerative cycle.*

# Beauty meets the art of well-being

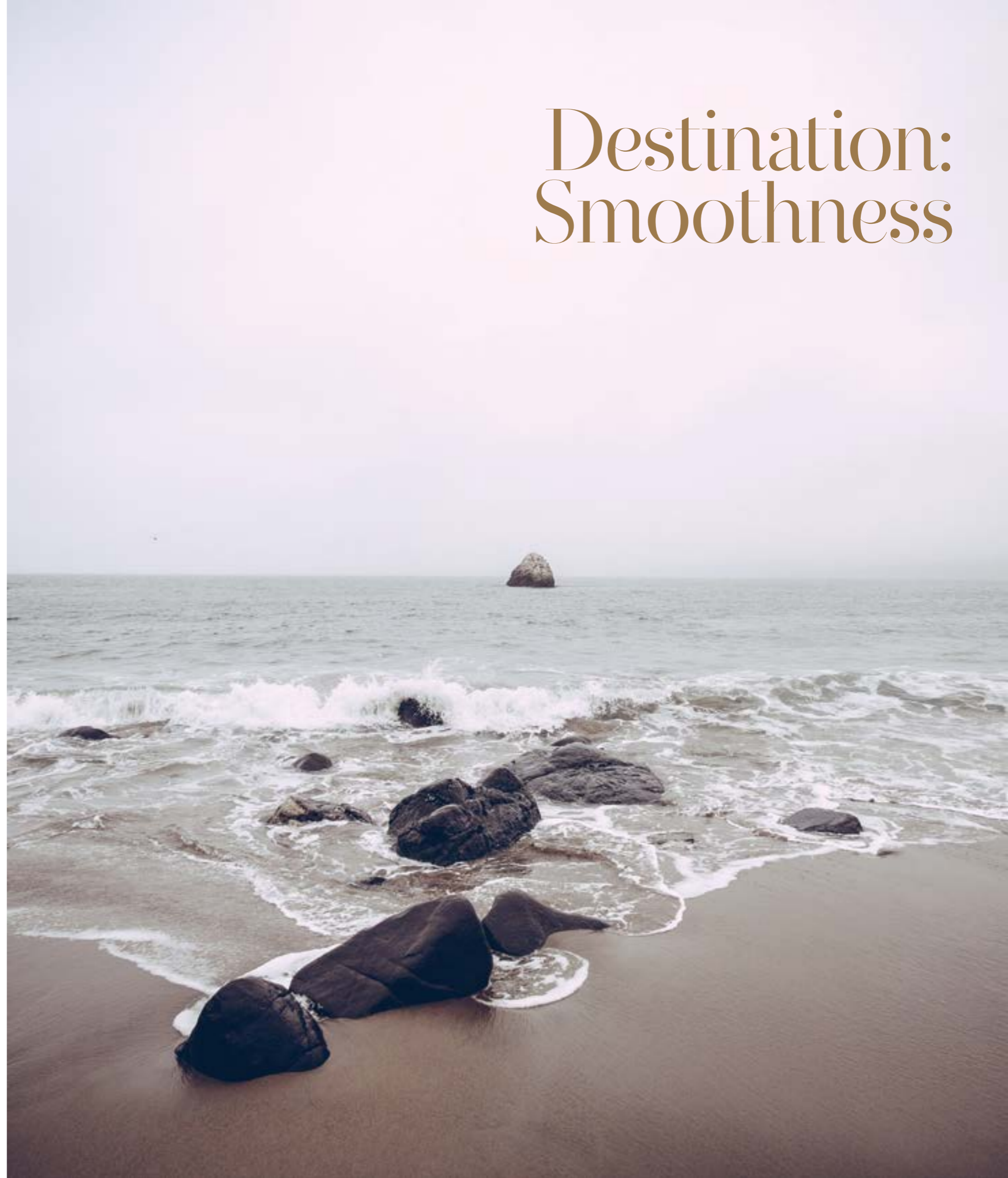




# NAMMOS WAXING

EYEBROWS, LIPS, CHIN	12 €
UNDERARM	15 €
ARMS OR HALF LEGS	30 €
FULL LEGS	45 €
BIKINI	20 €
BRAZILIAN BIKINI	25 €
INTEGRAL BIKINI	30 €
BACK	40 €
EYEBROW OR EYELASH TINTING	15 €

# Destination: Smoothness

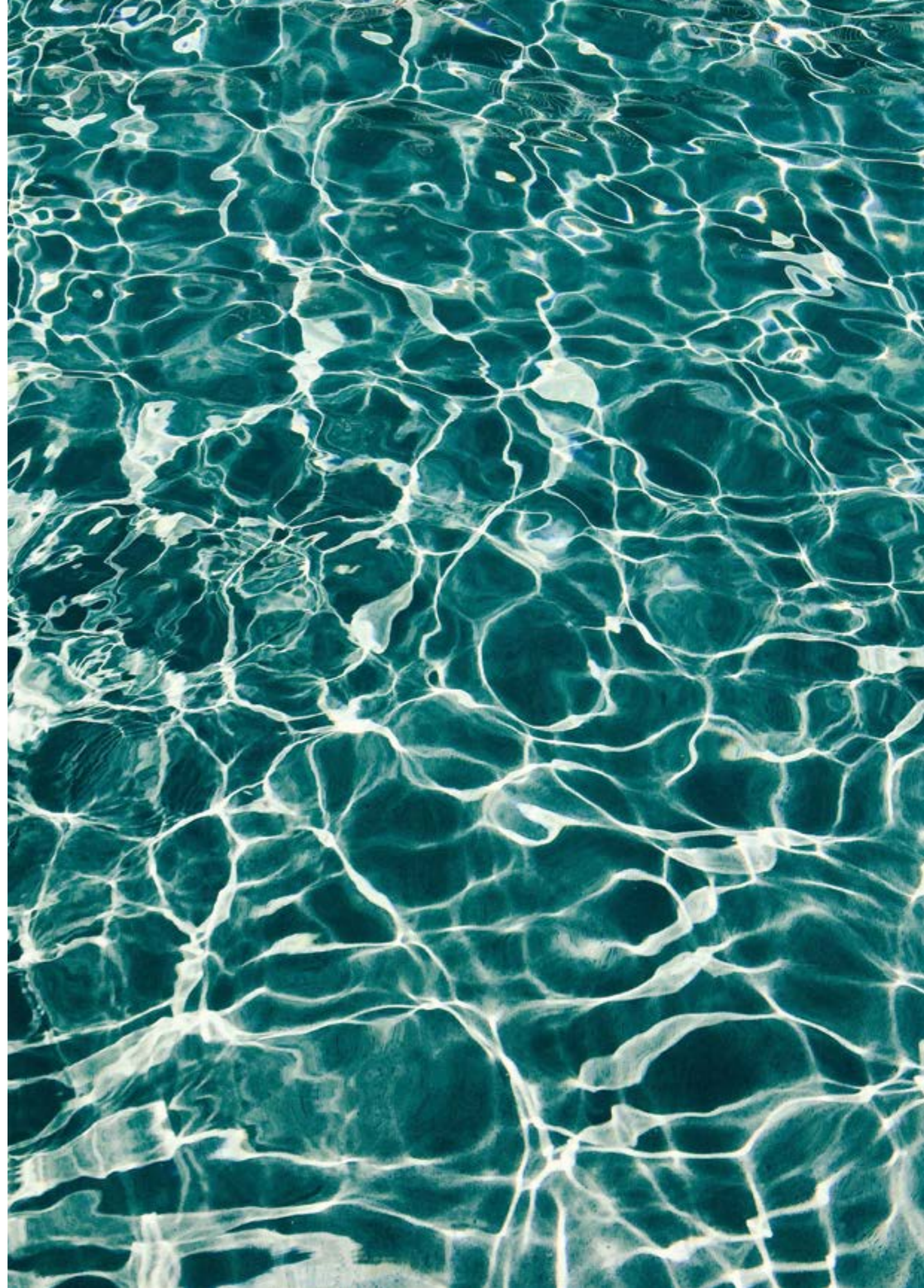


# NAMMOS CHILDREN'S TREATMENT

*Young guests are welcome to enjoy a selection of treatments under the supervision of a guardian\*.*

KID'S RELAXATION	30 min   50 €
THE LITTLE FACIAL	20 min   40 €
DECORATIVE NAIL POLISH	20 min   15 €
CHILDREN'S HAIR CUT	price on request

*\* All guests under 18 years old must have a parental consent form, signed by a parent or legal guardian in order to do the treatment. Over 18 years old, facilities access is under the supervision of a guardian.*



# THE CRYOTHERAPY

An experience full of sensations that provides a feeling of well-being during and after the session. The quick and effective solution for athletic injury prevention, health, welfare or just to stay young and fit.

## WHAT IS THE PRINCIPLE?

The body surface is in an enclosure whose temperature drops progressively until -160°C through an air mist-cooled nitrogen gas. The session does not exceed three minutes.

## WHAT ARE THE RESULTS?

- Promotes the elimination of toxins and improves blood circulation.
  - Increases the tone of the body and the skin firmness, while it accompanies dieting.
  - Relieves heavy legs.
  - Improves many disorders: sleep, stress, depression, anxiety, migraine, rheumatism, arthritis, attenuated stress
  - Provides a feeling of well-being and relaxation.
  - It is an adjuvant therapy for many acute and chronic disease: Inflammation, arthritis, osteoarthritis, chronic fatigue, stress, psoriasis, disruption due to menopause, heavy legs, skin tightening and cellulite improvement
- It also prevents colds and flu, rejuvenates skin and strengthens hair and nails.

1 session 25 €

5 sessions 100 €

10 sessions 200 €

## IMPROVE RESULTS WITH A LYMPHATIC DRAINAGE

45 min | 95 €

*This specific body massage boosts the circulation and revitalizes the energy of your body.*

The future  
of wellness

# PACKAGES & DAY SPA

# Unwind in the island of the winds

## NAMMOS BEAUTY RITUAL

110 min | 160 €

30 min Express Beauty Facial

40 min Brazilian Manicure Kure Bazaar

40 min Brazilian Pedicure Kure Bazaar

## NAMMOS RELAXING RITUAL

90 min | 180 €

60 min Relaxing Zen Harmony

30 min Regenerating Intensive Treatment

## A WEDDING AT MYKONOS

Enjoy our services and relax in order to get ready for the most important day of your life. Visit us before your wedding day, with or without the company of your friends.

Let us create your special moments with a combination of your favorite treatments from our Spa menu.

- Haircut
- Manicure
- Pedicure
- Massage
- Facial

Duration and price depend on the number of people.

## PRE-WEDDING EXPERIENCE

Designed to give you a mental boost before your wedding day.

## BEAUTIFUL BRIDE

120 min | 270 €

A treatment that creates special memories that will last forever with a Sisley-Paris Phyto-Aromatic Facial. A body scrub and a relaxing massage will complete this wonderful experience.

## GROOM'S DEEP RELAX

120 min | 270 €

A royal experience from head to toe with a combination of several extravagant treatments in one escape. Facial and Deep Tissue massage will leave your skin feeling fresh and renewed.

## YOGA SESSIONS / SUNSET YOGA

Reconnect your body, mind and soul in one. Enjoy the bliss of an outdoor Yoga session in the surroundings of the beautiful Psarou beach. Choose between a gentle Hatha Yoga session or the vigorous Ashtanga flow.

60 min | Private session: 80 € | pers.

60 min | Group session (more than 4 people): 40 € | pers.

Our Yoga teacher offers several kinds of Yoga according to your needs.

(Reservation must be made in advance. For inquiries, contact the Spa Reception)

# GENERAL INFORMATION

*To allow you to make the most of your personal journey of well-being in Nammos Spa by Sisley-Paris, we thank you for taking note of these guidelines:*

## OPENING HOURS

*Daily from 11 a.m. to 9 p.m. (From May to September).*

*An extra charge of 25% will be added to all treatments given before 11 a.m. and after 9 p.m. (50% between midnight and 8 a.m.).*

*An extra charge of 50% will be added to all treatments performed on a boat or private villa.*

## RESERVATIONS

*By phone: +30 22890 78507*

*By email: [sisleyspa@nammosvillage.com](mailto:sisleyspa@nammosvillage.com)*

*Directly at the Spa Reception.*

*Booking in advance is recommended to benefit from preferred booking hours.*

*Your credit card details will be needed to guarantee your booking (or possibility to pay in advance).*

## SPA EQUIPMENTS

*Nammos Spa by Sisley-Paris offers 4 individual treatment rooms, 1 couple's room, 1 nails and hair area, 1 cryotherapy cabin, changing rooms, a wellness area with one relaxation salt area, ice fountain, water paradise, steam bath, Facilities are free for all treatments, .*

## PRIOR TO ARRIVAL

*We recommend that you leave all jewelry and valuables in a safe space before coming to the Spa.*

*Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved.*

## CANCELLATION POLICY & REFUND

*If you need to change or cancel your appointment please notify us 3h prior to your appointment in order to avoid being charged for the full treatment.*

## PREGNANT WOMEN

*Nammos Spa by Sisley-Paris has specific treatments for pregnant women (after 3 months of pregnancy only).*

## ARRIVAL / LATE ARRIVALS

*We suggest you arrive 15 minutes prior to your treatment in order to complete your health form.*

*Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.*

## ACCESS CONDITIONS AND MINIMUM AGE

*We offer a selection of treatments for our young guests under the age of 18 and under the supervision of a guardian.*

A woman is floating on her back in a natural rock pool. The water is a vibrant turquoise color, and the surrounding rock walls are dark and textured. The scene is serene and natural.

Beauty lies in  
a healthy mind,  
body and spirit



Unlimited luxury for  
mind, body and soul



A BREEZE OF LUXURY

PSAROU BEACH, 846 00, MYKONOS, GREECE  
T +30 22890 22440

SPA RESERVATION:  
T +30 22890 78507  
SISLEYSIPA@NAMMOSVILLAGE.COM

WWW.NAMMOS.GR